Nutrition Planning A dietitian wishes to plan a meal around three foods. Each ounce of food I contains 10% of the daily requirements for carbohydrates, 10% for protein, and 15% for vitamin C. Each ounce of food II contains 10% of the daily requirements for carbohydrates, 5% for protein, and 0% for vitamin C. Each ounce of food III contains 10% of the daily requirements for carbohydrates, 25% for protein, and 10% for vitamin C. How many ounces of each food should be served in order to supply exactly the daily requirement for each nutrient?